

allows it to return to its spawning grounds and over after every migration. Steelhead trout are able to live in both freshwater and saltwater, so I was happy I was able to choose either location for the writing of my art piece. The steelhead trout is also very noticeable by the red streak that runs across its sides, although it gets its name from its silver colored head. I like the salmonid species because of how they have the ability to migrate upstream, but I chose the steelhead trout specifically because of its historical significance. It is the fish I think of when I think "Sal".

Steelhead trout have been farmed in fisheries for a long time. They are prolific in the coastal regions of the Pacific along the United States and across the ocean to Alaska. They have been a staple of many diets, including those of Native American populations in history. They are also important to the diets of many animals in the Pacific Northwest, such as birds, bears, otters, harpyies, and even sharks and orcas in the ocean. However, over the years this once common species has been dwindling in numbers. An increase in river pollution and water temperatures have caused many steelhead trout to lose their spawning grounds. Many factors have caused documented populations to be labeled as varying states from vulnerable to endangered. Thankfully, there have been many conservation efforts along streams (and also