

benefits, lakes, rivers, estuaries, and wetlands are invaluable environments that must be protected. Since the beginning of human civilization, lakes and rivers have supplied us with fresh water to drink and fish to eat. Additionally, coastlines and estuaries filter pollutants, provide unique habitats for a rich variety of marine animals, and help nourish aquatic vegetation. To protect these waters, we can be mindful of our own contributions to pollution and participate in volunteer events to help restore our marine environments.